

USC TRACK & FIELD

1994 Women's Individual Performances

MARIAM BENNETT--

Date	Meet	Event	Mark	Place
3/5	USC 4-way	800m	2:16.06	4th
3/12	USC Tri	800m	2:17.52	3rd

REISCHEA CANIDATE--

Date	Meet	Event	Mark	Place
2/19	Long Beach Relays	HJ	5-5 3/4	5th
3/5	USC 4-way	HJ	5-4 1/4	3rd
3/12	USC Tri	HJ	5-4 1/4	1st
3/19	Cal Ploy SLO Invite	HJ	5-6	1st
3/26	Q. Watts Invitational	HJ	5-2 1/4	7th
4/9	UNLV Invitational	HJ	5-6	2nd
4/17	Mt. SAC Relays	HJ	5-6	9th
4/30	Cal-Nevada Championships	HJ	5-3 3/4	1st (ti)
		HJ (Finals)	5-7 3/4	2nd
5/7	UCLA 4-way	HJ	5-6	3rd
5/14	Occidental Invitational	HJ	5-6	2nd

SAU YING CHAN--

Date	Meet	Event	Mark	Place
2/19	Sunkist Invitational (Indoor) (finished second to Jackie Joyner-Kersey)	50m H	7.03	2nd
2/26	Northern Arizona (indoor)	55m H (semis)	7.59	1st
		55m H (finals)	7.64	1st
		55m (semis)	6.95	2nd
		55m (finals)	6.92	2nd
3/5	USC 4-way	100m H	13.58	1st
		100m	11.73%	1st
3/12	USC Tri	100m	11.60w	1st
		100m H	13.51*	1st
3/19	Cal Poly SLO Invite	100m H	12.7	1st
3/26	Q. Watts Invitational	100m H	13.06w	1st
		100m	11.69w	1st
4/9	UNLV Invitational	100m H	13.06w	1st
4/17	Mt. SAC Relays	100m H	13.14!	1st
4/30	Cal-Nevada Championships	100m H	13.70	1st
		100m H (Finals)	13.62	1st
		100m	12.14	1st
5/7	UCLA 4-way	100m (Finals)	12.01	2nd
		100m H	13.14!	1st
5/20	Pac-10 Championships	100m	11.86	3rd
		100m	12.10	5th
		100m H	13.54	1st
		100m H (Finals)	13.31	1st
		100m H	13.44	1st
		100m H (Semis)	13.37	3rd
		100m H (Finals)	13.44	4th

! Best performer in USC history (tie)
 * 3rd best performer in USC history
 % 8th best performer in USC history

TOSHA CLEMENTS--

Date	Meet	Event	Mark	Place
3/5	USC 4-way	800m	2:25.89	6th

KANIKA CONWRIGHT--

Date	Meet
3/5	USC 4-way
3/12	USC Tri
3/26	Q. Watts Invitational
4/9	UNLV Invitational
4/17	Mt. SAC Relays
4/30	Cal-Nevada Championships
5/7	UCLA 4-way

Event	Mark	Place
100m	12.28	2nd
100m	12.04w	3rd
100m	25.36	2nd
200m	12.17w	6th
100m	25.81w	5th
200m	11.88w	2nd
100m	25.05w	5th
200m	12.35	2nd
100m	12.24w	3rd
100m	25.36	5th
200m	25.38	6th

MARIA CROWLEY--

Date	Meet
2/19	Long Beach Relays

Event	Mark	Place
3000m	12:08.3	13th

SHAYVONNE GOLDSBY

Date	Meet
3/5	USC 4-way
3/12	USC Tri

Event	Mark	Place
800m	2:27.94	??
TJ	33-0 1/2	5th

KATIE HALLER--

Date	Meet
3/12	USC Tri
3/26	Q. Watts Invite
4/9	UNLV Invitational
4/17	Mt. SAC Relays
4/30	Cal-Nevada Championships

Event	Mark	Place
TJ	34-11	2nd
TJ	33-10 3/4	6th
TJ	35-8w	2nd
TJ	35-4	7th
TJ	36-4	4th
TJ (Finals)	36-5	9th

NICOLE HAYNES--

Date	Meet
2/19	Long Beach Relays
2/26	Northern Arizona (indoor)
3/5	USC 4-way
3/12	USC Tri
3/26	Q. Watts Invitational
5/7	UCLA 4-way
5/14-15	Pac-10 Multi-Events (15.16, 5-3 3/4, 39-4, 26.72, 17-11 1/2, 144-0, 2:36.18)
5/20	Pac-10 Championships
5/24-25	Twilight Invitational (15.00, 5-0 1/2, 36-6, 26.87, 18-6, 152-6, 2:41.90)
6/1-4	NCAA Championships

Event	Mark	Place
HJ	5-1 3/4	8th
SP	37-10	5th
LJ	18-3	2nd
55m H (semis)	8.41	2nd
55m H (consolation)	8.47	
LJ	19-2	1st
Javelin	151-8	2nd
100m H	15.04	3rd
LJ	18-3	3rd
TJ	37-11 1/2	2nd
Javelin	156-7	1st
LJ	18-0 1/2	1st
SP	38-2	2nd
Javelin	148-3	3rd
TJ	36-9 3/4	1st
SP	39-5	2nd
100m H	16.13	9th
Javelin	145-11	4th
Heptathlon	5025	3rd
Javelin	158-10	5th
Heptathlon	4942	6th
Javelin	134-10	3rd
Javelin	149-10	18th

SAPPHIRA IBRAHIM--

Date	Meet
3/5	USC 4-way
3/12	USC Tri
3/19	Collegiate Classic
3/26	Q. Watts Invitational

Event
800m-B
800m
1500m
1500m

Mark
2:23.67
2:21.18
5:05.02
5:02.65

Place
1st
5th
6th
3rd

ASHA JAYASINGHE--

Date	Meet
3/5	USC 4-way
3/12	USC Tri

Event
400m
400m

Mark
55.61
56.84

Place
1st
3rd

CHRISTINE LEWIS--

Date	Meet
3/5	USC 4-way
3/12	USC Tri
3/19	Collegiate Classic
3/26	Q. Watts Invitational
4/9	UNLV Invitational
4/17	Mt. SAC Relays
4/30	Cal-Nevada Championships
5/7	UCLA 4-way

Event
1500m
1500m
800m
1500m
800m
1500m
800m
1500m
800m

Mark
4:45.90
4:56.83
2:20.41
4:46.94
2:18.11
4:48.15
2:17.93
4:53.23
2:19.84

Place
5th
3rd
3rd
2nd
2nd
2nd
14th
7th
9th

FELICE LIPSCOMB--

Date	Meet
2/19	Long Beach Relays
2/26	Northern Arizona (indoor)

Event
100m H
55m H (semis)
55m H (finals)
55m (semis)
55m (finals)
100m H
100m H
400m H
100m H
400m H
100m H
100m H
100m H
100m
200m
100m
100m H
100m H (Finals)
100m H

Mark
14.24
7.94
8.00
7.08
7.06
14.25
13.79
1:02.88
13.63
1:02.95
13.52w
13.94
13.76
11.97
24.73
12.04
13.94
13.86
13.93

Place
1st
1st
2nd
3rd
4th
2nd
2nd
2nd
3rd
2nd
3rd
4th
3rd
5th
3rd
4th
3rd
5th
7th

6/1-4 NCAA Championships**ADRIANA LOZANO--**

Date	Meet
2/19	Long Beach Relays
3/5	USC 4-way
3/12	USC Tri
3/19	Collegiate Classic

Event
5000m
3000m
3000m
5000m

Mark
19:31.56
10:59.9
11:28.16
20:38.95

Place
2nd
7th
5th
5th

CELESTE MCVEY--

Date	Meet
2/19	Long Beach Relays
3/5	USC 4-way
3/12	USC Tri

Event
Javelin
Discus
Javelin
SP
Discus
Javelin
SP
Discus
SP
Javelin
Discus
Discus
Javelin
Javelin
Javelin
Javelin (Finals)

Mark
133-5
143-9
133-0
36-11 1/2
146-7
131-5
36-1 1/2
135-7
35-4 3/4
124-8
132-11
138-10
127-7
139-0
151-8
147-11

Place
2nd
3rd
2nd
3rd
1st
6th
4th
2nd
5th
2nd
1st
8th
4th
3rd
3rd
4th

4/23	Pierce-Golden Bear Challenge
4/30	Cal-Nevada Championships

5/7 UCLA 4-way
 5/14 Occidental Invitational
 5/20 Pac-10 Championships
 6/1-4 **NCAA Championships**

Javelin	142-8	5th
Discus	147-1	5th
Javelin	148-10	2nd
Javelin	149-2	8th
Discus	132-0	---
Javelin	152-3	15th

INGER MILLER--

Date Meet
 3/12 USC Tri
 3/26 Q. Watts Invitational
 4/9 UNLV Invitational
 4/17 Mt. SAC Relays
 5/14 Occidental Invitational
 5/20 Pac-10 Championships

Event	Mark	Place
400m	53.13	1st
400m	52.76*	1st
100m	10.99w!	1st
200m	22.47w!	1st
200m	22.73	1st
100m	11.50	1st
100m	11.51w	1st
100m	11.45	1st
100m (Finals)	11.45	1st
200m	23.43w	1st
200m (Finals)	23.27	1st
100m	11.46	1st
100m (Semis)	11.32	2nd
100m (Finals)	11.43	5th
200m	23.36	4th
200m (Semis)	23.05	2nd
200m (Finals)	DNS	---

6/1-4 **NCAA Championships**

* 3rd best performer in USC history
 † New Stadium Record

MAI NGO--

Date Meet
 3/5 USC 4-way

Event	Mark	Place
3000m	11:38.7	11th

JANAE OLIVIERA--

Date Meet
 2/19 Long Beach Relays
 3/5 USC 4-way
 3/12 USC Tri
 3/19 Cal Poly SLO Invite
 3/26 Q. Watts Invitational
 4/9 UNLV Invitational
 4/17 Mt. SAC Relays
 4/30 Cal-Nevada Championships
 5/7 UCLA 4-way

Event	Mark	Place
HJ	4-11 3/4	9th
HJ	5-2 1/4	4th
HJ	5-4 1/4	3rd
HJ	5-4	6th
HJ	5-4 1/4	5th
HJ	5-2	3rd
HJ	5-4 1/4	10th
HJ	5-1 3/4	---
HJ	5-2 1/4	7th

KERRIE PEGUES--

Date Meet
 3/5 USC 4-way
 3/12 USC Tri
 3/26 Q. Watts Invitational
 4/9 UNLV Invitational
 4/17 Mt. SAC Relays
 4/30 Cal-Nevada Championships

Event	Mark	Place
400m	58.18	3rd
800m	2:21.18	4th
800m	2:19.35	3rd
800m	2:23.14	2nd
800m	2:19.85	9th
800m	2:22.56	6th

NEKEIDRA SHEGOG--

Date Meet
 3/5 USC 4-way
 3/12 USC Tri
 3/19 Collegiate Classic
 3/26 Q. Watts Invite
 4/9 UNLV Invitational
 4/17 Mt. SAC Relays
 4/30 Cal-Nevada Championships
 5/7 UCLA 4-way

Event	Mark	Place
400m H	DQ	
400m H	1:07.83	3rd
400m H	1:10.23	3rd
400m H	1:07.29	6th
400m H	1:07.94	2nd
400m H	1:06.69	2nd
400m H	1:16.4	6th
400m H	1:13.14	8th

TREASURE SCHULTZ--

Date	Meet	Event	Mark	Place
3/5	USC 4-way	1500m	4:50.42	6th
3/12	USC Tri	3000m	10:28.90	2nd
		1500m	4:53.13	2nd
3/19	Collegiate Classic	1500m	4:49.38	3rd
3/26	Q. Watts Invite	1500m	10:34.59	5th
		3000m	2:23.39	8th
4/9	UNLV Invitational	800m	11:05.99	3rd
4/23	Pierce-Golden Bear Challenge	3000m	11:01.6	13th
5/7	UCLA 4-way	3000m	4:59.69	10th
		1500m		

KARLEEN SHIELDS--

Date	Meet	Event	Mark	Place
4/9	UNLV Invitational	LJ	19-5 3/4w	1st
		TJ	39-10w	1st
4/23	Pierce-Golden Bear Challenge	LJ	18-1 3/4	6th
4/30	Cal-Nevada Championships	TJ	41-2 1/2	1st
		TJ (Finals)	40-0w	1st
		LJ	19-3 1/4	1st
		LJ (Finals)	19-2 3/4	1st
5/7	UCLA 4-way	LJ	19-9 3/4	1st
		TJ	41-9 3/4	2nd
5/20	Pac-10 Championships	TJ	19-3 1/2	4th
		LJ	40-8 1/4	6th
5/25	Twilight Invitational	TJ	39-7 1/4	2nd
6/1-4	NCAA Championships	TJ	39-10 3/4	20th

TANYA SMITH--

Date	Meet	Event	Mark	Place
2/19	Long Beach Relays	HJ	5-7 3/4	3rd
		SP	34-9 1/2	9th

(Injured, redshirted)

4x100 RELAY--

Date	Meet	Participants	Mark	Place
2/19	Long Beach Relays	A (Jayasinghe, Lipscomb, Conwright, Miller)	46.96	1st
3/5	USC 4-way	Chan, Jayasinghe, Conwright, Miller	45.46	1st
3/12	USC Tri		46.63	1st
3/19	Cal Poly SLO Invite		44.7	2nd
3/26	Q. Watts Invite	Chan, Jayasinghe, Conwright, Miller	45.23	1st
4/9	UNLV Invitational		46.08	1st
4/17	Mt. SAC Relays	Lipscomb, Chan, Conwright, Miller	44.52	1st
4/23	Pierce-Golden Bear Challenge		48.9	3rd
5/7	UCLA 4-way	(Pegues, Chan, Conwright & Lipscomb)	46.36	2nd
5/20	Pac-10 Championships	A	45.39	1st
		A (Finals)	44.95	2nd

4x400 RELAY--

Date	Meet	Participants	Mark	Place
2/19	Long Beach Relays	B (Conwright, Shegog, Miller, Jayasinghe)	3:56.69	2nd
3/5	USC 4-way		3:47.76	1st
3/12	USC Tri		3:56.29	2nd
3/19	Cal Poly SLO Invite		4:08.6	4th

8x800 RELAY--

Date	Meet	Participants	Mark	Place
2/19	Long Beach Relays	(Shegog, Ngo, Ibrahim, Goldsby)	10:19.39	5th

DISTANCE MEDLEY RELAY--

Date	Meet	Participants	Mark	Place
2/19	Long Beach Relays	(Clements, Pegues, Bennett, Lewis)	12:36.16	4th

Bold Mark indicate season bests
w - Denotes wind aided

1994 USC Women's Season/Career Bests

100m

Inger Miller (11.32 *June 3* - 10.99w *April 9/11.11*) (A)
Sau Ying Chan (11.73 *March 5* - 11.60w *March 12/11.73*) (P)
Felice Lipscomb (11.97 *May 7/11.94*)
Kanika Conwright (12.28 *March 5* - 11.88w *April 9/11.50* hs)

200m

Inger Miller (22.73 *April 17* - 22.47w *April 9/22.33*) (A)
Felice Lipscomb (24.73 *May 7*)
Kanika Conwright (25.36 *March 12 & May 1* - 25.05w *April 9 /24.75* hs)
Nicole Haynes (26.72 *May 14/26.03*)

400m

Inger Miller (52.76 *March 26/52.76*) (P)
Asha Jayasinghe (55.61 *March 5/55.61*)
Kerrie Pegues (58.18 *March 5/58.18*)
Tosha Clements (1:01.65 *April 9*)

800m

Mariam Bennett (2:16.06 *March 5/2:16.06*)
Christine Lewis (2:17.93 *April 17/2:17.93*)
Kerrie Pegues (2:19.35 *March 26/2:14.45*)
Sapphira Ibrahim (2:21.18 *March 12/2:21.18*)
Tosha Clements (2:23.26 *March 26/2:23.26*)
Treasure Schultz (2:23.39 *March 26/2:23.39*)
Nicole Haynes (2:36.18 *May 15/2:31.76*)

1500m

Christine Lewis (4:45.90 *March 5/4:45.90*)
Treasure Schultz (4:49.38 *March 19/4:49.38*)
Sapphira Ibrahim (5:02.65 *March 26/5:02.65*)

3000m

Treasure Schultz (10:28.90 *March 12/10:28.90*)
Adriana Lozano (10:59.9 *March 5/10:59.9*)
Mai Ngo (11:38.7 *March 5/11:38.7*)
Maria Crowley (12:08.3 *March 19/12:08.3*)

5000m

Adriana Lozano (19:31.56 *February 19/19:31.56*)

100m Hurdles

Sau Ying Chan (13.14 *April 17 & May 7* - 13.06w *March 26 & April 9/13.14*) (A)
Felice Lipscomb (13.63 *March 26* - 13.52w *April 9/13.56*) (P)
Nicole Haynes (15.00 *May 25/15.00*)

400m Hurdles

Felice Lipscomb (1:02.88 *March 12/59.44*)
Nekeidra Shegog (1:06.69 *April 17/1:06.69*)

High Jump

*Tanya Smith (5-7 3/4 *February 19/5-11 1/2*)
Reischea Canidate (5-7 3/4 *May 1/5-7 3/4*)
Janae Oliviera (5-4 1/4 *March 12 & March 26 & April 17/5-7*)
Nicole Haynes (5-3 3/4 *May 14/5-3 3/4*)

Long Jump

Karleen Shields (19-9 3/4 *May 7* - 19-5 3/4w *April 9*)
Nicole Haynes (18-6 *May 25* - 19-2 1/2 (indoor)/19-8)

Triple Jump

Karleen Shields (41-9 3/4 *May 7*) (P)
Nicole Haynes (37-11 1/2 *March 5/38-7*)
Katie Haller (36-5 *May 1* - 35-8w *April 9/36-5*)
Shayvonne Goldsby (33-0 1/2 *March 12*)

Shot Put

Nicole Haynes (39-5 *March 26*/41-9)
Celeste McVey (36-11 1/2 *March 12*)
*Tanya Smith (34-9 1/2 *February 19*/37-11 1/4)

Javelin

Nicole Haynes (158-10 *May 20*/156-7) (P)
Celeste McVey (152-3 *June 3*/152-3)

Discus

Celeste McVey (147-1 *May 7*/161-10)

Heptathlon

Nicole Haynes (5025 *May 14-15*/5128)

400m Relay

44.52 (P)

(*April 17*)

1600m Relay

3:47.46

(*March 5*)

* - *Denotes 1994 Redshirt (Injury)*